Dear Friends,

As many of you know, my tenure as president of our Society will come to an end this year. As I look back, I am most proud of our increasing the Society’s presence and the relationships across all organizations in the Greek community which have been developed. In my role as president, I have had the great honor of interacting with the Greek consulate, the newspapers, the television stations, as well as the public on a regular basis. Each has been incredibly receptive to and supportive of the mission of the Hellenic Medical Society and it has made clear to me the high esteem with which the Greeks hold the medical profession.

The belief of our culture in the value of doctors is unparalleled, and we should not take it for granted. We must constantly be mindful of our duty of care to our community, who relies on us for help and healing. After all, these are the legacies of our great history. Hippocrates and the Hippocratic Oath represent the beginning and the best of Western medicine, respectively. In essence, the Hellenic Medical Society proudly stands on this strong foundation.

With a debt of gratitude, we also take on the responsibility of handing the baton given to us by the Ancient Greeks to future generations. I am reminded of the great quote by Pericles by which we should all live our lives:

“What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others.”

This quote has great resonance for me. In retrospect, it is not about what we have done or what we have not done as a society or as individuals. Rather, the question is whether our work has laid the groundwork for the Society in the future. Of course, I would say the answer is a resounding YES. And it’s important that we all recognize why. Look no further than our scholarships and the dedication the Society has to supporting up-and-coming Hellenes, in order to find evidence of our impact on future generations.

And, speaking of Greeks who are committed to impacting future generations, I am so pleased with this year’s Gala recipients and so proud of our Distinguished Hellene Peter H. Diamandis, Distinguished Physician Dr. Spiros Frangos and Distinguished Colleague Dr. Andreas Cosmatos.

In closing, I would like to thank you for allowing me to serve the Society and its members. I hope that contribution allows the Society to continue moving forward into the future and most of all I wish you all the happiest of holidays and the healthiest of new years!

As the holidays are behind us and the New Year’s moving forward, say one more time on behalf of the executive board, supported the medical society during my tenure. With much excitement that we all look forward to the new energy brought in by the new board and hope that perhaps some new members can identify themselves to help us in all of the Society’s endeavors.

George Liakeas, MD
Dear HMS-NY member,

With great enthusiasm I look forward to continuing the great work of the past and to identify new goals for the future. As we continue to assist our colleagues, students, and doctors-in-training through out scholarships and mentoring. HMS-NY has been enriched by many prominent members.

I want to thank all the members of our society for their trust in our recent election and the trust you showed to the new Executive Board.

We are honored and humbled. With heightened sense of responsibility we will give our best effort to manage the historic Hellenic Medical Society of New York for the next two years. We will continue the great work of the previous Executive Board with respect to the excellent work of past-presidents and the past members of the board.

We will need the help of all of you and I will welcome any volunteer work in our many committees.

Panagiotis Manolas, MD
President
The Hellenic Medical Society of New York
January 1, 2019 - December 31, 2020

Executive Board

Dr. Panagiotis Manolas  
President

Dr. Andreas Cosmatos  
Treasurer

Dr. Frixos Goussis  
1st Vice President

Dr. Nicholas Nissirios  
Assistant Treasurer

Dr. Lorraine Chrisomalis-Valasiadis  
2nd Vice President

Dr. George Liakeas  
Immediate Past President  
Ex Officio

Dr. Helen Gouzoulis-Koutsos  
Secretary

Dr. Nicholas H. E. Mezitis  
Past President  
Ex Officio

Dr. Demetrios Markouizos  
Assistant Secretary

Evangelia Tsavaris  
Administrator
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Dr. Andreas Cosmatos
Dr. Andreas Koutras
Dr. Nicholas Nissirios
Dr. Apostolos Tambakis

Education / CME
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Dr. Noel Armenakas
Dr. Randy Condos
Dr. Chris Kyriakides
Dr. Stella Lymberis

International Conference
Dr. Spyros Mezitis - Chairman
Dr. Peter Condax
Dr. Frixos Goussis
Dr. Demetrios Markouizos
Dr. Nicholas Mezitis
Dr. George John Tsioulias

Past-President Advisor Emeritus
Dr. Spyros Mezitis
Dr. Nicholas Mezitis
Dr. Marinos Petratos
Dr. George J. Tsioulias
Dr. Apostolos Tambakis
Dr. George Yatrakis

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Dr. George Liakeas - Co chair
Dr. Marinos Petratos - Co chair
Dr. Helen Gouzoulis-Koutsos
Dr. Miranda Kofinas

Fundraising Committee
Dr. Antigone Argyriou - Chairwoman
Dr. Stephen Nicholas
Dr. Ariadna Papageorge
Dr. George Liakeas
Irene Nicolaidis

Membership
Dr. Demetrios Markouizos - Chair
Dr. Antigone Argyriou
Aikaterini Georgantzia, DDS
Dr. Antonios Mammis
Dr. Neofitos Stefanides

Weill Cornell Dr. Papanicolaou / Hellenic Medical Society Fund
Dr. Spyros Mezitis

Scholarships Grants / Awards
Dr. Stephen Nicholas - Chairman
Dr. Eleni Andreopoulou
Dr. Thomas Lallas
Dr. Antonios Mammis
Dr. James Melis

Young Initiative
Dr. Lorraine Chrisomalis-Valasiadis - Chairwoman
Dr. Eugenia Gianos
Dr. Helen Gouzoulis - Koutsos
Dr. Jason Kofinas

Mentorship
Dr. Eugenia Gianos - Chairwoman
Dr. Jason Kofinas - Co chair
Dr. George Raptis

Outreach Committee
Dr. Miranda Kofinas - Chairwoman
Dr. Panagiotis Manolas - Co chair
Dr. Michael Plakogiannis
Joanna Roufos

Legal Advisory
Eva Poniros, Esq
John Stratakis, Esq
Chrysanthie Zapantis-Melis, Esq

Information Technology
Steve Wang
January, 2019

Dear Colleagues and Friends,

On behalf of the Executive Board of the Hellenic Medical Society of New York, we would like to wish everyone a happy, healthy and prosperous New Year.

As paid members of the HMS-NY, you are all given the opportunity to participate in various educational, social, and networking events. One of our resolutions for the new year is to expand our membership through a greater number of liaisons to various hospitals and geographical areas. In addition, we would like to promote educational and cultural programs that will enrich our community. Most importantly, we would like to continue guiding our young physicians and scientists as they build successful futures for themselves.

The President and the Executive Board of the HMS-NY are working to make our society of greatest value to its members and the general public. We are asking for your support in this mission through your renewed membership. Please remit your membership dues for 2019 as we continue to unite and support Hellenic health professionals. Take a moment to identify a potential new member by including his or her name below. Your involvement is essential for the Hellenic Medical Society of New York to uphold its tradition of excellence established by its founders.

You can make a difference!

Sincerely,

Panagiotis Manolas, MD
President

Demetrios Markouizos, MD
Membership Chair
THE HELLENIC MEDICAL SOCIETY OF NEW YORK™

2019 MEMBERSHIP DUES APPLICATION

MEMBER (MD, DO, DPM)

☐ Physician in Practice --------- ☐ For 1 year $250 ☐ For 2 years $450 ☐ For 3 years $600
☐ Physician retired ----------- ☐ For 1 year $100 ☐ For 2 years $150 ☐ For 3 years $200
☐ Out of Tri-State area ------------ ☐ For 1 year $100 ☐ For 2 years $150 ☐ For 3 years $200
☐ Resident / fellow in Training with voting rights ----------- $100 a year
☐ Medical Student in Training ------------------- $20 a year

ASSOCIATE MEMBER (Ph.D, DDS, Chiropractor, Pharmacist D)

☐ Tri-State area ----------------- ☐ For 1 year $200 ☐ For 2 years $350 ☐ For 3 years $500

MEMBER INFORMATION

Name: __________________________________________________________

Specialty: _______________________________________________________

Hospital Affiliation(s): ___________________________________________

Office Address: __________________________________________________

City_________________________ State________ Zip Code________

Office
Telephone: __________________________ Fax:_____________________

E-mail: ______________________________

Website: _______________________________________________________

Home
Address: ______________________________________________________

City_________________________ State________ Zip code________

PAYMENT INFORMATION

Check payable to: Hellenic Medical Society of New York

Credit Card: _____ Visa _____ Master Card

Credit Card Number ____________ ____________ ____________ Exp. Date ____ / ____

Please Attach Your Business Card

60 Plaza Street East, Suite BK 1 • Brooklyn, NY 11238
Website: HMSNY.org • E-mail: hellenicmed@gmail.com • T. 718-398-2440 • F. 718-398-2449
Paid Members of The Hellenic Medical Society of New York

Dr. Ananea Adamidis, Dr. Konstantinos Agoritsas, Dr. Ioannis Alagkiozidis, Dr. Nicholas Alexander, Dr. Nikolaos Alexandrou, Dr. George Alexopoulos, Dr. Valerie Alikakos, Dr. Panagiota Andreopoulou, Dr. Eleni Andreopoulou, Dr. Frances Anerousis, Ms. Konstantina Angelopoulou, Ms. Aristeia Angelopoulou-Hartofilis, Dr. Robert Antoniou, Dr. James Argires, Dr. Noel Armenakas, Dr. Maria Asprogerakas, Dr. Dimitrios Augerinos, Dr. Kathrin Balaoura, Dr. James Balodimas, Dr. Spyridon Basourakos, Dr. Nicholas Bastidas, Dr. John A. Bendo, Dr. Fotis Benetos, Dr. Dimitrios Blagos, Dr. Maria Bouzouki, Dr. Theodore Brisimitzakis, Dr. John Caminis, Dr. William Cardasis, Dr. Evangelos Catsoulis, Dr. John Chafos, Dr. Lorraine Chrisomalis-Valasiadis, Dr Manny Christakos, Dr. Florentia Christodoulidou, Dr. James Christodoulou, Dr. Peter Condax, Dr. George Coritsidis, Dr. Arthur Cosmas, Dr. Andreas Cosmatos, Dr. Dennis Costakos, Dr. Louis Dalaveris, Dr. John Danias, Ms. Voula Dikeakos, Dr. Theodore Diktaban, Dr. Vassilios Dimopoulos, Dr. Stella Douros, Dr. Vagelis Douros, Dr Aspasia Draga, Dr. Irene Draga, Dr. Triantafillos Fillos, Dr. George C. Fisher, Dr. George Florakis, Ms. Angela Floratos, Dr. Anastasia Fokas, Dr. Spiros Frangos, Dr. Antonia Fthenakis Kofinas, Dr. Georgios V. Georgakis, Dr. Aikaterine Georgantza, Dr. Ajax E. George, Dr. Nicholas Germanakos, Dr. Eugenia Gianos, Dr. Andrew Glyptis, Dr. Frixos Goussis, Dr. Helen Gouzoulis-Koutsos, Dr. Gabriel Gregoratos, Dr. Angela Grigos, Dr. Ioannis Hatzaras, Dr. Milagros Hernandez-Mastakouris, Ms. Dimitra Hrisikos, Dr. Elias Iliadis, Dr. Michael Iordanou, Dr. Christodoulos Iordanou, Dr. Christine Kakoulas, Dr. Stefanos Kales, Dr. James Kallins, Dr. Alexander Kalogerakis, Dr. Polly Kanganis, Dr. Athena Kaporis, Dr. Demetrios Karides, Dr. Ioannis Kariolis, Dr. Basil Kasimis, Dr. John Kassotis, Dr. Dennis Katechis, Dr. Mary Kentros, Dr. Kyriakos Kirou, Dr. Julia Klees, Dr. Renee Kleris, Dr. Alexander Kofinas, Dr. George Kofinas, Dr. Jason Kofinas, Dr. Miranda Kofinas, Dr. Faye Kokolos, Dr. Antonia Ann Kolokathis, Dr. Emanuel Kouroupos, Dr. Andreas Koutras, Dr. Markos Koutsos, Dr. Matthew Kusulas, Dr. Pavlos Kymissis
On Behalf of the Executive Board of The Hellenic Medical Society of New York

We like to extend our heartfelt gratitude to the 2018 paid members for their support
8th Annual Memorial Service Commemorating Departed Past Presidents and Members of our Society for their service to medicine and to our community

Sunday, February 3, 2019 | The Greek Orthodox Archdiocesan Cathedral

Image courtesy of the ETA PRESS

Dr. Diktaban, Dr. M. Kofinas, Ms. Tambakis, Dr. Tambakis, Dr. Petratos, Mrs. Georgantza and Dr. Manolas
8th Annual Memorial Service Commemorating Departed Past Presidents and Members of our Society for their service to medicine and to our community

Archbishop Demetrios, Dr. George Liakeas and Dr. Panagiotis Manolas
Cutting of the Vasilopita
January 14, 2019 | Executive Board Meeting

LEFT: Dr. D. Markouizos, Dr. L. Chrisomalis-Valasiadis, Dr. H. Gouzoulis-Koutsos, Dr. N. Nissirios, Dr. A. Cosmatos, Dr. G. Liakeas, Dr. C. Paras, Dr. P. Manolas, Dr. F. Goussis

LEFT: Dr. Nissirios, Dr. Markouizos, Dr. Cosmatos, Dr. G. Liakeas, Dr. Gouzoulis-Koutsos, Dr. Manolas, Dr. Chrisomalis-Valasiadis, Dr. Paras (Winner of the Flour), Dr. Lymberis, and Dr. Goussis
Professional Societies celebration
Traditional Cutting of the Vasilopita
January 9, 2019 | Holy Trinity Cathedral

The Hellenic Medical Society of New York
HABA-Hellenic American Association for Professionals in Finance
Hellenic-American Chamber of Commerce
Cyprus-U.S. Chamber of Commerce
Hellenic Professional Women
Hellenic Lawyers Association
This year's luck coin winner

Dr. Lorraine Chrisomalis-Valasiadis
and
Dr. Panagiotis Manolas, HMS-NY
President
Moderator

George Liakeas, M.D.
President of the Hellenic Medical Society of New York

Scientific Lecture

“The Future of Medicine in the Era of Exponential Growth”

Peter H. Diamandis, MD
Founder & Executive Chairman
XPRIZE Foundation

Scholarship Award Ceremony

Sotirios Stergiopoulos, M.D., MBEE
Scholarship Chair of the Hellenic Medical Society of New York
2018 Scientific Symposium and Scholarship Award Ceremony

Seated:
Drs. Spiros Frangos, Peter Diamandis, Andreas Cosmatos
Second Row:
Drs. M. Petratos, G. Liakas, E. Gianos, L. Chrisomalis-Valasiadis, H. Gouzoulis-Koutsos, A. Cosmatos, S. Lymberis, A. Fthenakis Kofinas, M. Kofinas, E. Tsavaris
Third row:
Drs. S. Mezitis, S. Stergiopoulos, J. Kofinas, G. Yatrakis, P. Manolas,

SCHOLARSHIP RECIPIENTS:

Merit Award
- Anastasia Kalabakos
- Valerie Digiannis
- Alexandros Kerwick
- Alexander Duke

High School Essay Award
- Sofia Balogjani
- George Daniellis
- Anastasios Mirisis

Postgraduate Research Award
- Natalie Michelle Colaneri
- Antonios Dimopoulos
- Kellie Gergoudis
- Irene Kintromelides
- Christoforos Koumas
- Vassiliki Papagermanou
- Alicia Philippou
- Alexis Tchavonas
- George Tsimihedakis
- Sophia Zigosaros
Part-1: The Future is Better than you think

Part-2: Technology Converts “Scarcity” into “Abundance”

Creating Abundance
What do you think of as scarce?
1. Energy
2. Water
3. Health
4. Learning
5. Money
6. Resources
7. Expertise
8. Communications

Final Abundance Thought...
“A negative mind will never give you a positive life.”
THE HELLENIC MEDICAL SOCIETY OF NEW YORK

ANNUAL SCHOLARSHIP GALA

—2018—
FOCUS ON THE FUTURE
THE HELLENIC MEDICAL SOCIETY OF NEW YORK

82st Annual Scholarship Gala
Saturday, December 8, 2018

HONORING

Distinguished Physician
SPIROS G. FRANGOS, MD, MPH
Chief of Surgery
Bellevue Hospital
Director of Trauma, Emergency Surgery & Critical Care
NYU Langone Health

Distinguished Colleague
ANDREAS COSMATOS, MD
Internal Medicine
Mount Sinai of Queens

Distinguished hellene
PETER H. DIAMANDIS, MD
Founder & Executive Chairman
XPRIZE Foundation
Distinguished Honorees
J.W. Marriott Essex House, NYC
December 8th, 2018

First row:
E. Tsavaris, Dr. H. Gouzoulis-Koutsos, Dr. S. Frangos, Dr. P. Diamandis, Arch. Demetrios,
Dr. A. Cosmatos, Dr. G. Liakeas, Dr. D. Karides, Dr. A. Tambakis

Second row
Dr. G. Dangas, Dr. M. Plakogiannis, G. Lambropoulos, Dr. M. Petratos, Dr. K. Koutras, Dr.
S. Mezitis, Dr. Chrisomalis-Valasiadis, Dr. F. Goussis, Dr. G. Tsioulias, Dr. J. Melis
Dr. Angela Grigos, graduated from Soterios Ellenas Parochial School of Kimisis tis Theotokou, celebrated Go Red Day and was the speaker at Kimisis tis Theotokou on Sunday, February 10th. February is Heart Awareness Month and also Cancer Prevention month. She discussed the symptoms of heart disease in both women and men, the risk factors for heart disease and prevention. She also discussed about the importance of the diet:

- Low Sodium diet
- Mypyramid - Steps to a Healthier you
- Nutrition Tips to a great plate
- Holding the lid on Fats
- Risk factors to heart disease
The IHF of Kos, the island of birth of Hippocrates, an idea of its founder Professor Spiros Economou of the Athens Medical School, to serve as an International Center of maintenance, projection and dissemination of the Hippocratic Legacy, the following and application of which secures the “ideal” in the practice of Medicine. The “idea” was eventually materialized with the raising of an impressive building, a walking distance from the Asklepieion of Kos (famous among the other 400 existing in the Mediterranean area in ancient times), and three kilometers from the center of the town of Kos, surrounded by a land of 170 (Greek) acres, property of the Foundation. Presently, the IHFK becoming one of the “most sites” to visit in Kos.

Following a period of administrative and financial difficulties affecting the level of fulfillment of the goals of the Foundation tied in major part to inadequate interest, as well as to the lack of measurable appreciation that, as among many others, the Hippocratic Philosophy and Principles represent one of the significant Hellenic contributions to the history of the world and society, requiring the necessary support from government and the public in order to function (also for the benefit of the country) and fulfill its mission and goals as a point of reference for the following of those Principles, endorsed and applied, transcending time and geography since they were introduced 2500 years ago.

However this time, and for more than a decade of years, under the direction of a dedicated, creative productive Council, presided by Professor S. Geroulanos and recently by the former government. Minister A. Pavlidis, the IHFK is progressing in function and projection of its name and goals with initiatives for the organization of medical meetings in Kos, smaller and larger e.g. “On Mediterranean Diet” Meeting of the Psychiatric Association; Yearly Meeting of all Medical Association of Greece with participation in the yearly formal presentation of the Hippocratic Oath at the Asklepieion, taken by graduates of the Medical Schools, as well as other sort of activities.

At the international level, desire for contact with IHFK from medical schools in Illinois (USA), Spain, Turkey either for summer seminars for senior medical students selected by their medical school to attend as Hippocratists/humanists or invitation of IHFK to perform the Hippocratic Oath for their graduates of the medical school (Turkey). Also, the organization of AHEPANS participate in the initiative for summer seminars for graduates and MDs as well as of others with post graduate diplomas/titles interested in the Hippocratic legacy. Regarding Hospitality at the IHFK rooms: Presently two physicians, from Yugoslavia and Turkey involved in relevant investigation projects will be the guests of the Foundation for several weeks.

The Foundation building contains the Museum, the Hippocratic Office (Ιατρείον), Hall of Meetings, Hospitality Rooms, the Multilingual Hippocratic Library with relevant material in print and services and function under development for electronic and digital collections, printing as well as internet connections and participation in European networks.

The central goal of the Foundation, representing one of the most important Hellenic contribution in the world history, is the projection and cultivation of the Hippocratic legacy in the international domain by the establishment of international connections and ties with all those who appreciate, share in interest and practice the principles of that legacy. It is hoped that considering the work and objectives of the IHFK, will generate enough interest for support, moral as well as material, in the form of membership to the Foundation or more, so that it will be and remain dynamic in the fulfillment of its goals, becoming an International Forum for the exchange of ideas and discussion of issues relevant to Medicine as it is shaped unavoidably by the galloping evolution of technology.

Christos B. Moschos, MD
Emeritus Professor of Medicine
Rutgers, New Jersey Medical School

Contacting the IHFK: ihfk@gmail.com
Also: info@hippocraticfoundation.org

"The Hippocratic Garden" as part of the building’s surroundings, where 237 pharmaceutical plants mentioned in the Hippocratic Collection are cultivated.
NEW YORK – The Little Baby Face Foundation (LBFF) honored the well-known Greek-American plastic surgeon Dr. Theodore Diktaban on November 29.

The elegant ceremony took place at the Stanley H. Kaplan Penthouse at Lincoln Center Plaza in Manhattan. In addition to Dr. Diktaban, Dr. and Mrs. Lawrence May were also honored for their contribution to the LBFF.

The Little Baby Face Foundation was founded in 2002 by Dr. Thomas Romo. The principle underlying the Foundation is that every child born with a facial deformity deserves a good future and a higher quality of life, regardless of his or her financial means.

LBFF provides facial reconstructive surgery to children from all over the world. World class surgeons offer their time and services on a pro-bono basis. It is estimated that the LBFF has already provided assistance to more than five hundred children.

LBFF also recognized and thanked Dr. Joanna Roufos, Greek-American doctor of audiology. Dr. Roufos expressed gratitude for her experience of working with the Foundation and told TNH, “Dr. Diktaban’s speech touched us all tonight. He reminded us how important it is to work collectively in our multidisciplinary teams to transform the lives of these very special children.”
Past Events

HMSNY FOOTBALL SUNDAY !
November 18th 2018

the Hellenic Medical Society of New York for Football Sunday!
FOR IMMEDIATE RELEASE
November 1, 2018

ECFMG® Launches Resource to Help Students Select a Medical School

Philadelphia, Pa.—The Educational Commission for Foreign Medical Graduates (ECFMG) has launched a new resource for students who plan to apply to medical school. Designed to assist in identifying schools offering quality medical education, this new resource is a valuable tool for those who are beginning their medical education, as well as for current medical school students who plan to transfer to a different medical school. The new resource is available on the ECFMG website at www.ecfmg.org/medschoolselection.

In recent years, there has been rapid growth in the number of medical schools around the world, and there are a small number of schools that engage in spurious business practices. It also has become more common for students to migrate for medical education—attending medical school outside their home country. This situation creates challenges for students who are evaluating schools and deciding where to apply, according to William W. Pinsky, M.D., President and CEO of ECFMG and Board Chair of ECFMG’s Foundation for Advancement of International Medical Education and Research (FAIMER®).

“With more than 3,000 medical schools worldwide, selecting the right school can be an intimidating task and a significant financial investment,” Dr. Pinsky said. “Our new guide provides prospective medical students around the world with information on the characteristics to consider and questions to ask when evaluating medical schools before applying so they can make a well-informed decision.”

The guide covers such important considerations as accreditation status, curriculum, faculty, educational resources, and the structure of clinical rotations. It also prompts students to ask questions about the student experience, consider how schools market themselves, and talk to alumni about their success in and beyond medical school.

As leading experts on the world’s medical education systems and their graduates, ECFMG and its foundation are uniquely positioned to provide this important guidance to the next generation of physicians. The new resource is an important addition to the collection of services offered by ECFMG and FAIMER to physicians and the medical education community around the world.

About ECFMG
ECFMG, a private, nonprofit organization based in Philadelphia, is a world leader in promoting quality health care—serving physicians, members of the medical education and regulatory communities, health care consumers, and those researching issues in medical education and health workforce planning. ECFMG’s program of certification evaluates whether international medical graduates are ready to enter U.S. programs of graduate medical education, where they provide supervised patient care. ECFMG offers a variety of other programs for the world’s physicians and the entities worldwide that educate, train, register/license, and employ them.

###
In Celebration of Women’s History Month

The Officers and Directors of the Association of Greek American Professional Women (A.G.A.P.W.)

Request the Pleasure of Your Company at Our Signature Annual

“Greek American Woman of the Year” Award Gala

Honoring

Dr. Stella Lymberis, MD

AGAPW’s Excellence Tuition Scholarships will be awarded in Honor of

Dr. Stella Lymberis

Master of Ceremonies Dr. Pannie Trifillis

Mr. Nektarios Antoniou will perform classic Greek songs

Wine and hors d’oeuvres reception

Thursday March 28th, 2019

7:00-9:00 p.m.

3 West Club, The Lounge Room

3 West 51st Street, New York, NY 10019

Please RSVP here (you will be redirected to the Eventbrite secure connection)

Requested donation $150

For further information and sponsorship opportunities, please contact

Dr. Olga Alexakos at oalexakos@agapw.org or 917-425-683

To download the flyer of the event, please click here

Thank you for joining us!

We are looking forward to celebrating with you!
1st Annual Heart of Prevention Symposium:
Updates on Cardiovascular Disease Prevention
with a focus on Women’s Heart Health

The Roosevelt Hotel
45 East 45th Street, New York, NY 10017

The Heart of Prevention Symposium is a two-day conference offering a comprehensive program on key cardiovascular prevention updates for clinicians.

Save the dates:
Friday, April 12, 8 am – 4 pm:
– Updates in Cardiovascular Disease Prevention
– Focus on Cardiovascular Prevention in Women
Saturday, April 13, 8 am – 1 pm:
– Lifestyle and Dietary Strategies for Cardiovascular Prevention

For any additional information please email TFulford@Northwell.edu

NYC Greek Independence Day Parade
April 14, 2019
Dr. Papanicolaou Symposium  
May 8th, 2019  
Weill Cornell Medical College

Honoring:

Nickolas Papadopoulos, Ph.D.  
Professor Oncology and Pathology  
Director of Translational Genetics  
Ludwig Center for Cancer Genetics & Therapeutics  
The Sidney Kimmel Comprehensive Cancer Center at John Hopkins, Baltimore, MD

Dr. Mary Kalophthakes Distinguished Female Physician Award  
April 18th, 2019  
Lenox Hill Hospital

Honoring:

Dr. Katherine Economos  
Director, Division of Gynecologic Oncology  
NewYork-Presbyterian Brooklyn Methodist Hospital

Niki Sideris Annual Walk-A-Thon  
Presented by RMH NY Greek Division

Ronald McDonald House New York  
405 E. 73rd Street New York, NY 10021  
(Between York and 1st Ave)

Registration: 9:00 AM  
Walk promptly starts at 11:00 AM

Registration Fee: $20.00 per participant

Questions: Contact the Greek Division at 212-639-0218  
or skatechis@rmh-newyork.org
NEW YORK – The Office of Ionian Village announced today the dates for its Summer 2019 programs. Ionian Village is the international camping ministry of the Greek Orthodox Archdiocese of America with campgrounds located in Peloponnesus, Greece.

The mission of Ionian Village is to enrich the lives of its participants by bringing campers and staff into close contact with their Orthodox faith and Hellenic heritage by providing the opportunity for young people of the Greek Orthodox Archdiocese of America to foster a life-long appreciation and love of Greece, Orthodoxy, and Hellenism.

IV Next
Dozens of colleges and universities offer study abroad programs in Greece, and many programs of our own diaspora offer similar opportunities for young adults to travel to Greece and see the sights. However, IV Next is the only travel-based program for young adults that has our Greek Orthodox faith as a core tenet of the program. Only IV Next combines professional development, international travel, and the Orthodox Faith into one all-inclusive program.
IV Next is for participants ages 19-24 and will run from June 2-13, 2019.

Summer Camp
The picturesque Ionian Village campgrounds sit along the shores of the pristine Ionian Sea and are equipped with a private beach, a renovated Olympic-sized pool, air-conditioned cabins, and various athletic courts and fields. Campers actively explore their Orthodox faith and heritage, both through the daily at-camp program and through excursions to culturally and religiously significant sites throughout Greece. Excursions include Ancient Olympia, Patras, Zakynthos, Kefalonia, Kalavrita, Aegina, and Athens. Each 20-day session is open to young people who will have completed grades 9 through 12.
Session One: June 22 – July 11, 2019
Session Two: July 21 – August 9, 2019

Ionian Village Summer 2019 Staff Applications
Ionian Village depends upon its highly motivated and energetic Staff Members, each of whom is selected through a careful application process. Applicants must be Greek Orthodox and at least 21 years old by August 14, 2019. Applications to be a part of the 2019 Summer Staff will be available on the Ionian Village website on December 26, 2018.

For more information regarding any of the 2019 Summer programs, to apply to be a Staff, Medical, or Clergy Member, or to register for our Alumni Project please visit the Ionian Village website at www.ionianvillage.org.
In Denver, Colorado under the direction of HMS-NY member, Dr. Gregory G. Papadeas a rotation for senior dermatology residents occurs each year during the summer months. Dr. Papadeas is the senior and founding partner of Advanced Dermatology Skin Cancer and Laser Surgery Center, P.C.

2018 award recipients were Elina Chatzidimitriou, M.D. and Elina Theodorokopoulou, M.D., Ph.D. Both senior dermatology residents at the University of Athens, Greece. Their rotation took place from September 4 – September 21, 2018. Each year the senior residents are chosen based on their score on their in-training examinations. To their credit, these two young ladies scored highest.

Their rotation is primarily based at the University with time also spent in private practice at Advanced Dermatology. They receive training in the medical, surgical and cosmetic care of the skin. This opportunity allows them to learn from our educational process. Returning to their homeland to continue to offer high quality medical care in their homeland.

It is a cooperative effort by many people. Primarily C.U., Advanced Dermatology, Metropolitan Isaiah, and the Denver Greek community.
Dear Gregoris,

On behalf of the Department at the University of Athens, we are most grateful for providing such a valuable educational experience for our residents. It is not only the quality of training you offer and the horizons you open for these young colleagues. It is also the spirit of friendship and feeling “like being home” for our residents.

Thank you to all colleagues and staff members for supporting and educating our residents. And most importantly to you, Gregoris, for having a true “greek soul”.

We look forward to welcoming you all in Athens in the near future.

Kind regards,
Alex Stratigos

Yassou Gregory,

Congratulations again, on your efforts in inviting 2 senior Dermatology residents from Athens, to spend a month both in a University setting, and a private dermatology practice environment. I am certain they will gain both experience and knowledge that will help them in their careers in Greece.

I know as a fact that this is a very desired rotation among the Dermatology residents, which creates a healthy competition, in applying for this position. My best wishes to you and your family, and hope to see you soon in New York,

Sincerely,
Marinos A. Petratos, MD

Warm Congrats Grigor!

Your contribution is amazing and I am sure the visiting derm residents are having a terrific experience rotating with you and your exceptional team!

If the group is interested in making a visit or rotating in Chicago with us, please let me know any time! It would be a true honor!
I also wanted to let the group know that our Medical School at the University of Illinois is supporting electives for medical students outside USA and we are also working on the logistics for accepting non US dermatology residents for electives in the near future.

Thank you again.
Warmest wishes
Maria M. Tsoukas, MD, PhD
Associate Professor
Head, Department of Dermatology
Residency Program Director
To the Proud Parents
Maria Markou–Lambropoulos and Gus Lambropoulos
The Birth of Their Daughter
Kalisti Maria Lambropoulos

Opal, author Arthur Cosmas presents a loving portrait of what it was like to be brought up as a Greek American in the Greek community in the United States during the 1950s. Some of the topics the author covers include the Greek family, Greek holidays and religion, the Mediterranean diet—healthy as well as unhealthy—the agora, assimilation, chaos, superstitions, and the evil eye. In this engaging and lovable portrayal of Greeks, the author relates facts about Greek culture and then brings these elements to life through true-life anecdotes about his family. Entertaining and informative, Opal is a look into Greek heritage and traditions. This delightful book will make you laugh, it might revive affectionate memories of what it was like for you growing up, and it will remind you that we are all more alike than we are different.

www.amazon.com/Opal-Stories-Traditions-Greek-American-Family/dp/1632991977/
In Loving Memory of
Dr. Basil Hilaris
1928 - 2018

Distinguished Physician Award 1984

Our heartfelt condolences to his family
May his memory be eternal

Born in Athens, Greece on September 3rd, 1928 to Anna and Stavros Hilaris, with his childhood during World War II and the Greek Civil War. He went on to graduate from the National University of Athens Medical School in 1955 with his Medical Degree. The same year he immigrated to the United States, to the New York area and in 1957 he started working at Memorial Sloan Kettering Cancer Center as a Radiation Oncologist and was a Professor at the Weill Cornell Medical College. He was one of the Pioneers in the field of Brachytherapy, the insertion of Radioactive Seeds in the treatment of various forms of cancer. Serving as Chief of the Brachytherapy Service, he was also a President of the American Brachytherapy Society and among his many awards, in 1996; he was the first recipient of the Marie Curie Gold Medal Award, presented for a major contribution in the development of the field of Brachytherapy. In 1988 he moved on to be Chairman of the Department of Radiation Medicine at New York Medical College and Our Lady of Mercy Medical Center until his retirement at the age of 80 in 2008. In addition, he was an author of many books in the field of Radiation Oncology and Brachytherapy. But, his favorite pastime was his research and authoring of books on the subject of Greek History and Ancient to Present Greek Medicine. He is Survived by his wife, Constance and his three children, Stavros, Peter and Anna and his five grandchildren, Dina, James, Nicholas, Alexandra, Anthony, daughter-in-law, Janet and son-in-law, Tony and brother George Hilaris and family.
The Hellenic Medical Society of New York cordially invites all current & prospective members to reach the community and promote themselves!

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*any topic, no prep required, panel opportunities*

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